

Claims

1. A sports brace comprising an elastic woven or knitted fabric, which for a sport of the kind that is performed using the arm or hand can be secured to the applicable arm or wrist (2) of the person using it by means of a closure (4), characterized in that the brace (3) includes a plurality of distributed weights (15), each comprising one housing (16) in which a plurality of freely movable solid particles (18) are located.

2. The sports brace of claim 1, characterized in that the brace (3) is embodied in two-ply form and has a plurality of striplike chambers (13) extending both parallel and transversely to the longitudinal axis (12) of the brace (3), in each of which chambers a plurality of weights (15) spaced apart from one another are disposed.

3. The sports brace of claim 2, characterized in that in each of the striplike chambers (13), one striplike substrate (14) is disposed, to which the weights (15) spaced apart from one another are secured.

4. The sports brace of claim 3, characterized in that the housings (16) of the weights (15) each have the form of a hemisphere and are joined by their flat side (17) to the corresponding striplike substrate (14).

5. The sports brace of one of claims 1-4, characterized in that the housings (16) of the weights (15) and/or the striplike substrates (14) are of plastic.

6. The sports brace of one of claims 1-5, characterized in that the solid particles (18) of the weights (15) are of metal, plastic or carbon.

7. The sports brace of one of claims 1-6, characterized in that the solid particles (18) of the weights (15) each have a form that is approximated to the spherical shape.

8. The sports brace of one of claims 1-7, characterized in that the respective housing (16) of each of the weights (15) is from 50% to 75% filled with solid particles (18).

9. The sports brace of one of claims 1-8, characterized in that a hook-and-loop closure is provided as the closure (4) of the brace (3).